

# Reginald D. Smith

## Relationship Coach & Expert

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### ABOUT

Reginald D. Smith AKA Coach Reg is a Relationship Expert, Author, and Speaker who is uniquely qualified to address matters of the heart. As the founder of RU Coached, Coach Reg works with clients by teaching them how to create new habits while working through relationship challenges using Emotional Intelligence. Coach Reg's clients are primarily high-achieving professional men and women who desire quality connections that honor and support their core values in both personal and professional relationships.



### EXPERTISE

#### Avoiding Dating & Relationship Saboteurs

Coach Reg shares how audiences can avoid dating and relationship saboteurs and have better clarity while vetting potential partners

#### Applying Emotional Intelligence to Relationships

Learn how to develop the skills & strategies needed to strengthen and sustain relationships by raising your Emotional Intelligence (EQ)

#### "DCIDE" Relationship Coaching Model

Apply Coach Reg's Relationship Model "DCIDE" (Define, Communicate, Initiate, Design, and Execute) to strengthen personal, professional, and non-romantic relationships alike

### Media / Features



Focused \* Purposeful \* Evolving